

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:20-11:20 Pilates with Props Giuglia
		12:30-13:30 Pilates & Functional Orsi		12:30-13:30 Rocket Yoga level ½ Orsi	11:30-12:30 Total Barre Pilates Giuglia
17:45-18:45 Pilates & Functional Orsi	18:00-19:00 Pilates with Props Orsi		18:00-19:00 Pilates with Props Ildiko	17:45-13:30 Pilates & Functional Orsi	
19:00-20:30 Rocket Yoga level 1½	19:15-20:15 Yoga with Props Elisabetta	19:00-20:30 Flow & Restore level 1½	19:15-20:15 Vinypilates		